



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR HIGH SCHOOLS
OCTOBER 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
1 Main Line: Gumbo Steamed Carrots Creamy Cole Slaw Fluffy Hot Roll Take Out Line: Pizza Garden Green Salad Marinara Sauce Express Line: Fruit Smoothie Garden Green Salad Fresh Crisp Carrots Fresh Baked Muffin	2 Main Line: Delicious Chicken Tenders Broccoli Crown Florets Sweet Green Peas Creamy Mac-N-Cheese Fresh Baked Roll Express Line: Personal Pan Pizza	3 Main Line? Shepherd's Pie Fresh Crisp Carrots Creamy Mashed Potatoes Fresh Baked Roll Take Out Line: Ham/Cheese Poboy OR Pulled Pork Sandwich Hot French Fries Fresh Crisp Carrots Express Line: Reg/Spicy Chicken Sandwich Crisp Green Lettuce Ripened Red Tomatoes Southern Potato Salad	4 Main Line: Beef Tacos w/ Fixings Zesty Refried Beans Fresh Baked Breadstick Take Out Line: Crunchy Mozzarella Sticks w/ Tasty Marinara Sauce OR Fiesta Nachos Garden Fresh Salsa Express Line: Homestyle or Hamburger	5 PARISH FAIR HOLIDAY
8 Main Line: Chinese Chicken w/ Rice Garden Green Salad Fresh Baked Roll Take Out Line: Homestyle Hamburger Hot French Fries Express Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich	9 Main Line: Spicy Chicken Tenders Fresh Crisp Broccoli Cheesy Potato Au Gratin Fresh Baked Roll Express Line: Personal Pan Pizza	10 Main Line: Breezy Beefy Mac Fresh Crisp Carrots Seasoned Green Beans Fresh Baked Breadstick Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Hot French Fries Express Line: Fruit Smoothie	11 Main Line: Roasted Turkey Sweet Potato Casserole Rice and Gravy Fudgy Brownie Take Out Line: Flakey Fish Sandwich OR Meatball Sub Hot French Fries Express Line: Homestyle Hamburger	12 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
15 Main Line: Festive Chicken Gordita OR Chicken Wrap Crisp Green Lettuce Garden Fresh Salsa Crisp Diced Tomatoes Whole Kernel Corn Fresh Baked Breadstick Take Out Line: Hot Pepperoni Pizza OR BBQ Chicken Flat Bread Express Line: Corndog Southern Potato Salad	16 Main Line: Spicy Chicken Tenders OR Delicious Chicken Tenders Garden Green Salad Steamed Broccoli Florets Creamy Mac-N-Cheese Buttery Toast Express Line: Personal Pan Pizza	17 Main Line: Piping Hot Lasagna Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick Rice Crispie Treat Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Hot French Fries Express Line: Homestyle Hamburger	18 Main Line: Southern Fried Catfish OR Creole Baked Catfish Hot Baked Potato w/ Fixings Baked Beans Fresh Baked Roll Take Out Line: Homestyle Hamburger Hot French Fries Express Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich	19 Main Line: Superior Salisbury Steak Fresh Crisp Carrots Creamy Mashed Potatoes Fresh Baked Roll Take Out Line: Hot Dog w/ Chili OR Corn Dogs Potato Rounds Express Line: Beefy Burrito
22 Main Line: Creamy Chicken Fettuccine Fresh Crisp Carrots Seasoned Green Beans Fresh Baked Breadstick Dessert Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Hot French Fries Express Line: Fruit Smoothie OR Chilled Fruit Parfait	23 Main Line: Spicy Chicken Tenders OR Delicious Chicken Tenders Garden Green Salad Creamy Mashed Potatoes Fresh Baked Roll Express Line: Personal Pan Pizza	24 Main Line: Beef Tacos w/ Fixings Whole Kernel Corn Garden Fresh Salsa Fresh Baked Breadstick Take Out Line: Mozzarella Sticks OR Beef Burrito OR Chicken Fajita Express Line: Ham & Cheese Poboy Potato Salad	25 Main Line: Pork Chop Louisiana Style Red Beans OR Creamy White Beans Garden Green Salad Fluffy Brown Rice Fresh Baked Roll Chocolate Chip Cookie Take Out Line: Stuffed Crust Pizza Or Mexican Pizza Express Line: Homestyle Hamburger	26 Main Line: Chinese Chicken w/ Rice Green Salad Hot Fluffy Roll Take Out Line: Homestyle Hamburger Hot French Fries Express Line: Classic Chicken Sandwich OR Kick'n Chicken Sandwich
29 Main Line: Gumbo Steamed Carrots Creamy Cole Slaw Fluffy Hot Roll Take Out Line: Stuffed Crust Pizza Mikes Cheese Pizza Garden Green Salad Marinara Sauce Express Line: Fruit Smoothie Garden Green Salad Fresh Crisp Carrots Fresh Baked Muffin	30 Main Line: BBQ Chicken Baked Beans Potato Salad Fluffy Hot Roll Take Out Line: Homestyle Hamburger Hot French Fries Express Line: Classic Chicken Sandwich OR Kick'n Chicken Sandwich	31 Main Line: Delicious Chicken Tenders Broccoli Crown Florets Sweet Green Peas Creamy Mac-N-Cheese Fresh Baked Roll Express Line: Personal Pan Pizza	LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies   Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.